

Real-Life Stories

What inspires you? Here are some of the stories that inspire the staff at Options!



Sara* had a plan for her life: she was fast-tracking to get a scholarship, and there was no way she could be pregnant. After her ultrasound she made an appointment for an abortion. Our staff and wonderful prayer network prayed for her. I dragged my feet following up because I knew it was going to be a hard conversation, but when I called, she told me her plans had changed. The scholarship had fallen through and she was keeping her baby!

It's amazing to me that someone like Sara can be so hardened and believe the lies of the enemy, and yet that's Jesus sitting there in the discussion room (Matthew 25). We reach out and love her just like we would Jesus and trust Him with the outcome.

Patti Kenney, RN, Clinic Operations Director



Taylor* was very closed off when she came in. She had decided on abortion and did not want to talk about her options. She refused pre-natal vitamins. When we did her ultrasound, I got to show her that little flicker of baby's heartbeat. She didn't respond at first, but later on she admitted she was thinking about parenting and said, "How about those pre-natal vitamins?" I prayed for our conversation before I called her for a post-partum follow-up. When she answered, she sounded so happy. She had delivered a healthy baby boy.

Athena Jennings, RN, Nurse Manager



A young lady came hoping we would tell her that the test she took at home was defective. She was a single mother who did not want to face an unplanned pregnancy again. She told me things had been going well for her and her child, she had gotten a good job, and now she was back in the same situation she was in a few years ago. Our conversation went deep but it wasn't a typical appointment because she was not considering abortion. She told me she was a Christian, so I asked her, "How is your relationship with Jesus?" She couldn't answer. Even though she was a believer, she didn't yet have a personal relationship with Jesus. It was so good to sit beside her and just share Jesus with her and tell her how much He loves her.

Melissa Slyter, Patient Care Manager, Mobile Operations Manager



"What would you do?" Caitlyn* asked me. She deserved an honest answer. I told her I understood where she was: if I was single and pregnant, my first thought would be abortion. But I couldn't go through with it. I think from that moment of honesty, Caitlyn understood that unlike all the people in her life pressuring her, we were there to love and walk beside her. Before she left, I asked if I could pray for her, and even though she had never known Jesus, she bowed her head with me as I asked for God's peace and wisdom over her decision.

Celia Funk, Executive Assistant

*not her real name



From the Director

— Karen Tameling



The staff at Options recently set two days aside for a local retreat. Plans for this time away included doing some team building and work on a vision for the year ahead. There were some great revelations as we stretched ourselves through various activities, sometimes outside of our comfort zones. When all was said and done, everyone agreed this time together was well spent.

The second day together was focused on vision for the year ahead. Sometimes the work in the lives of patients at Options gets messy and discouraging. We don't always hear the good outcomes! Sharing the uplifting stories had to be part of the agenda! I asked each of the staff to share one of the most inspiring stories in working with a patient from the past year. Those stories are reported to you in this newsletter.

What inspired me big-time in the past few months was when I saw a direct correlation between a prayer time with the Options staff prior to beginning our day and how the day actually unfolded. The day prior to this incident was one where many of us were deeply discouraged. In our collective prayers, we asked God to encourage us and to bring us women who needed the services we offer. It's a prayer we often offer at the start of a service day, but for some reason this day felt "different."

The inspiring part for me came at the end of the day when our mobile team returned to the office with a report of a patient who had been on board that day. A woman came with her husband from some distance. While at the Options mobile clinic, our team was able to minister to both the patient and her husband. The time they spent with our staff was informational, loving and non-judgmental. In addition to several community resources, the couple left with a Bible with underlined verses that were shared during their time with the Options staff. There were tears of sadness and of joy shed that day on board the mobile and again at the clinic in Albany.

What a beautiful story to end a week of discouragement. There's no doubt in my mind this couple came in direct response to our morning prayers. The sweet part of this story is how not only the visitors were blessed, but also how much blessing the entire staff received because of this amazing answer to prayer. And it gave me pause to ponder how many times in the past year, and even more, over the past 33 years since the first person received help from Options, of the faithfulness of God in answered prayers so obviously.

Will you marvel with me over the stories in this newsletter as told by the staff? The women on staff at Options are incredibly gifted and it's an honor to work along-side each of them. God has called them to this ministry. There is no doubt in my mind! And YOU make these stories possible when you support the work of Options.

In closing, please know you are always welcome to connect with me at the email address below. I invite your comments and feedback. Thank you for being part of the Options Family! I wish you a Merry Christmas and a Joyous New Year. ☺

—Karen can be reached at karen@optionsprc.org

Mission Statement

Empowering Life Affirming Decisions

Staff

Karen Tameling, Executive Director
Celia Funk, Executive Assistant
Patti Kenney, RN, Clinic Operations Director
Janie Tebeau, Patient Care Manager
Melissa Slyter, Patient Care/Mobile Operations Manager
Athena Jennings, RN, Nurse Manager
Yvette Wheeler, RN, Nurse Manager
Brandi Mills, Administrative Assistant

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Medical Director

Dr. Jen Massara

Medical Advisors

Dr. Shane Cjesdal
Dr. Rodney Wren, Retired

Options Pregnancy Resource Centers

1800 16th Ave SE
Albany, OR 97322
Phone: 541-924-0160
Fax: 503-719-8200

(note: this is also our administrative office)

Services are provided on our **mobile ultrasound clinic** at various locations in Corvallis and Philomath. Call for daily location and hours. Phone 541-231-0912

Heartbeat is published twice a year by Options Pregnancy Resource Centers. Find us on the web at www.optionsPRCfamily.org

Additional information on services provided by OPRC is available at www.optionsPRC.org

If you wish to have your name removed from our mailing list e-mail celia@optionsprc.org with your request. We do not share or sell our mailing list.

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Real-Life Stories (Continued from page 1)

Hannah* seemed very nervous during her appointment. She had no relationship with her baby's father and didn't think her living environment would be good for a baby. When I spoke to her about adoption, she said what I've heard from so many women: "I couldn't carry a baby for nine months and then give it up." After being unable to reach her to follow up, I was surprised when she walked into the office one day. She told me that she was considering adoption after all, even though it would hurt her heart. She gave me a hug, saying, "I never would have thought of this option in a million years."

Janie Tebeau, Patient Care Manager



*not her real name

Since I started working at Options in July, I have seen God doing amazing things in the lives of the women who come in. The day Patti's patient Sara* had her ultrasound, the whole staff was praying for her. I sent an urgent request to our prayer network.

When Patti shared the news several weeks later that Sara had decided on keeping her baby, we rejoiced! God gets all the glory there! It was impactful for me to see for the first time a young woman going from initial appointment to a change of heart.

Brandi Mills, Administrative Assistant



On the mobile clinic one day, I had a long phone conversation with a woman from out of town. I gave her the number of a pregnancy center closer to her. Right before we closed that day, she came to the door with this expression on her face like she already knew us. She had decided it was worthwhile driving the extra distance. She and her husband were so excited to see their baby on ultrasound, and we were able to offer them resources for the financial help they needed.

I was amazed that someone from so far away actually came! Because of the connection we made on the phone, she knew she would find love and support at Options.

Yvette Wheeler, RN, Nurse Manager



Do you know that Options in Albany is serving patients 4 days a week? And the mobile clinic is out serving patients twice a week?

While it's easy to keep tabs on a brick & mortar clinic, the mobile has had a few location changes in the past several months. This is part of the strategy identifying the best parking spot to offer services. Effective community engagement has helped secure parking locations at Grocery Outlet on 9th Street in Corvallis on Wednesdays and at Philomath Community Services on Thursdays. As we look towards the future to add service locations, our partnership with ICU Mobile will help strategically. We continue to work with our community partners to determine the best locations to add services.

We told you about the grant from Focus on the Family that provided a state-of-the-art portable ultrasound machine on the mobile clinic. We were also privileged to work with the Knights of Columbus from Gervais to acquire a grant for an ultrasound machine in our Albany Clinic! The new ultrasound machine has very sharp images that show life in the womb from as early as 6 weeks into a pregnancy. What a wonderful tool. We are so grateful for our partnership with the Knights of Columbus. 🙏



The mobile clinic parked and ready to serve in the parking lot at Grocery Outlet in Corvallis.



Karen receiving a gift from the Knights of Columbus in Gervais to purchase a new ultrasound machine for the Albany Clinic.

A Unique Gift!



Every year, nearly 300 women walk through the doors of Options PRC. Many of them feel abortion is their only solution to an unplanned pregnancy. At Options, they have a safe place to talk through their decision and see their baby on ultrasound. By partnering with Options, you can help provide the love, support, and information women need to make life-affirming decisions.



Give the Gift of Life!

You can make a monthly gift, or for a specific gift below, online at www.optionsPRCfamily.org.

Pregnancy Test—\$109

Provide a pregnancy test and options counseling to a woman facing a crisis pregnancy

Tank of fuel for the mobile clinic—\$260

Make a gift or purchase a Fred Meyer or a Costco gift card to provide a tank of gas for the mobile clinic

Ultrasound—\$338

Provide a limited obstetric ultrasound and give a woman the opportunity to see her baby live on screen

Honor a loved one this Christmas with a special gift to Options in their name. They will receive a beautiful hand-made Christmas card letting them know a gift was made in their honor.

Suggested Donation \$25.





Guests mingle over dinner



Bri shares her life-changing story



Jim Schultz spoke about being persuasively pro-life

 **options**
Pregnancy Resource Centers

Defending Life Banquet 10.3.19



Yummy cupcakes for dessert



Shani tells how her son Zeke changed her life for the better

Save The Date!

Hawaiian Family Fun Day

Starker Arts Park

Saturday, June 27, 2020

Family Fun Day 2019 was a huge success with over 500 people attending for family activities and an amazing BBQ! Join us in June, 2020 for more Hawaiian-themed food and fun! 🌺

Saturday
June 27



Electronic Newsletters

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