

We're on the *Move!*

Since the announcement last fall to add mobile ultrasound services at Options, there is much to report!

ICU (Image Clear Ultrasound) Mobile brought a model mobile clinic to Albany and Corvallis last October. Guests attending the Options Soiree were able to tour an actual clinic on wheels. The response to making this service available to women in our communities was incredibly encouraging.

The exciting news is roughly 2/3 of the cost to purchase our own mobile clinic has already been raised! More exciting news



We truly value your partnership and investment in Options. And we're eager to see how God will use the Mobile Clinic to save lives.

**2/3
RAISED!**

What will you give to make sure women in our community are educated about their pregnancy options?




is that by way of a grant from Focus on the Family through the Option Ultrasound Program, we'll be receiving a brand new ultrasound machine for the Mobile Clinic. We are *so* thankful to this generous organization that believes in our mission.

However, funding is probably the biggest obstacle remaining. At a purchase price tag of \$170,000, a project like this must

have support from people like you—the Options PRC Family. **We need to raise approximately \$60,000 to finalize the deal.**

What will you give to make sure women in our community are educated about their pregnancy options? You can help make this next big change a reality. Your tax-deductible gift in any amount towards the purchase of the Mobile Ultrasound Clinic

will make a difference in providing life-affirming high-quality medical services for women in our communities.

Please consider making a gift for ongoing support while designating a special gift towards purchase of the Mobile Clinic. We truly value your partnership and investment in Options. And we're eager to see how God will use the Mobile Clinic to save lives. 

Your gift can be sent by mail or online at our secure website www.optionsPRCfamily.org.

Getting to know the Options PRC team!

—Karen Tameling



Please take a few minutes to learn about the amazing women who work at Options. Every one of our staff of eight people was brought to Options in unique ways. They are all here to serve God AND the patients whom God sends our way. What a delight it is to work with this team who strive to meet our patients without any pre-conceived expectations.

Here's a little about me: I began my tenure at Options in 1996 as Executive Director of Corvallis Pregnancy Care Center. 10 years later I helped oversee a merger of the Pregnancy Centers in Corvallis and Albany. At that time we became known as Options Pregnancy Resource Centers. I attend Suburban Christian Church in Corvallis where I help out in the nursery once or twice a month. And I love spending time at the Oregon Coast! Leading Options into the future, my prayer is for our message of LIFE to permeate into the lives of women we serve and for the Options Family to embrace the ministry fully as we navigate the waves of change.

About those waves of change – services were first offered at Options in 1986. We are 32 years strong! In case you don't know, volunteers in the early years answered hotline calls remotely and often opened their homes to meet with clients. Pregnancy tests were self-administered and interpreted by the client with instructions from the volunteer. Just writing these words I can't help but admire the bravery of those early volunteers. They too wanted to serve God and women and their unborn children. But honestly, would that service model work today?

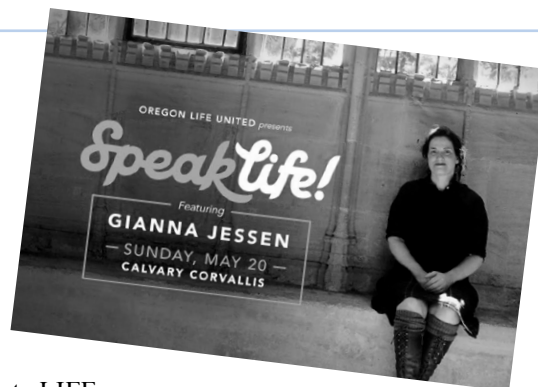
Let's fast-forward to the present. The Options PRC of today is a medical clinic. We have trained nurses on staff who provide services, including pregnancy testing, ultrasounds along with patient care and education. Everything we do to serve patients is overseen by our Medical Director, Dr. Jen Massara.

We firmly believe the next phase of providing life-saving services is on a Mobile Ultrasound Clinic. The mobile will be equipped so as to provide all services currently offered in our current brick & mortar locations. We'll be available to women right where they work or go to school as we park the Mobile in various locations around our communities. I welcome your questions, comments or feedback. We're on the Move! 🚗

—Karen can be reached at karen@optionsprc.org

Speak Life

On May 20, you're invited to hear **Gianna Jessen**. Gianna is the keynote speaker as part of the "Speak Life" series sponsored by Oregon Life United. Executive Director of Options PRC Karen Tameling will also be speaking at the event, sharing about the work of Options. Join the Options team as we partner with Oregon Life United to promote LIFE. There is no cost to attend, but tickets are required. 🎟



For more information see the enclosed flyer.

Mission Statement

Options Pregnancy Resource Centers provides comprehensive information to those facing unplanned pregnancies. With the love of Christ we encourage life-affirming choices through free pregnancy tests, ultrasounds and community referrals.

Staff

Karen Tameling, Executive Director
Celia Funk, Executive Assistant
Patti Kenney, RN, Clinic Operations Director
Melodie Rice, Patient Care Manager
Melissa Slyter, Patient Care Manager
Athena Jennings, RN, Nurse Manager
Yvette Wheeler, RN, Nurse Manager
Wendy Yeager, Administrative Assistant

Board of Directors

Kim Simmons, Chair
Teresa Burcham, Secretary
Kristen Guzman, Treasurer
Gavin Boldizar
Linda Keller
Jen Massara
Sarah Rowley

Medical Director

Dr. Jen Massara

Medical Advisors

Dr. Shane Gjesdal
Dr. Rodney Wren, Retired

Options Pregnancy Resource Centers

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Heartbeat is published twice a year by Options Pregnancy Resource Centers. Find us on the web at www.optionsPRCfamily.org

Additional information on services provided by OPRC is available at www.optionsPRC.org

If you wish to have your name removed from our mailing list e-mail celia@optionsprc.org with your request. We do not share or sell our mailing list.



Follow us @thepregcenter on Facebook and Instagram.



Patti Kenney *RN, Clinic Operations Director*

I am the recently hired Clinic Operations Director at Options. I graduated from OHSU in Portland with a nursing degree. I've worked in a variety of settings, including Labor &

Delivery and Women's Surgery in the hospital, and at a Christian Camp. With my husband of 28 years we served the Lord in the Philippines with YWAM Nehemiah House serving minor girls who have experienced sexual abuse. We also opened a free medical clinic for the poor. We have one son in heaven and one daughter here. I love the heart and passion of Options and enjoy serving through this ministry



Melodie Rice *Patient Care Manager, Corvallis*

I grew up in the Willamette Valley. My amazing parents instilled in me a love of gardening, nature, learning, and Jesus! I am so thankful for God's abundant love and grace

He's shown me, and I am thankful to work at Options where I have the opportunity to show His love and grace to the women who walk through our doors. I feel so privileged to talk with them, hear their stories, and offer encouragement and hope. I am blessed to work with such a wonderful team of people here at Options who love the Lord and are passionate about this ministry.



Melissa Slyter *Patient Care Manager, Albany*

I am married to Nick and we have a son, Lucas, who is a light in our lives and a gift from the Lord! We love to hike and bike around nature. The best part of my job is

working closely with our volunteers, medical staff and with our patients, as their advocate. It humbles me that God can and is using me, not only to share Jesus with women we serve, but also to help them make decisions about their pregnancy. I am really passionate about making sure that every woman we see at Options feels loved and valued!



Athena Jennings *RN, Nurse Manager, Corvallis*

I am a wife to Wallace for nearly 7 years and mother of two beautiful, active children ages 3½ and almost 2. One of the things I enjoy the most is spending time with my family. I also

absolutely love serving women. I am grateful for the opportunity to work with amazing people at Options. Our patients are treated with compassion, respect and non-judgement by all who work with them. It is a blessing to see women facing a difficult decision, who walk away with the hope of Christ. We help them get connected with resources as they choose life.



Yvette Wheeler *RN, Nurse Manager, Albany*

This was a God-chosen job for me. I have a heart for women and truly enjoy this ministry. In addition to working at Options I pick up shifts at the Corvallis hospital through a

staffing company. When I am not at work I enjoy reading, walking and spending time with my two children Warren 13, and Rachel 11. I am passionate about learning and growing spiritually because this helps me minister to my family, friends and patients. Joshua 1:9 is a favorite verse because it says *"Do not be afraid, the Lord my God is with me."*



Celia Funk *Executive Assistant*

As volunteer-turned-Executive Assistant, I am happy to be serving our patients, their children, and our donors in a variety of ways from bookkeeping to helping with fundraisers.

My job brings me joy every day. I enjoy what I do, but even more, I believe in what we do together: changing and healing lives. It's inspiring to see God's heart reflected in the women I work with. Outside Options, I am an editor, writer, and poet with an English degree from Western Oregon University and a love for learning and literature from homeschooling. I am a member of Oakville Presbyterian Church.



Wendy Yeager *Administrative Assistant*

I am a wife to my husband of 30 years. I have two grown married sons who have made me Grammy to 5 children. I cherish family time and making memories. A heart of compassion

is one of the serving gifts God has given me. My prayer is by His Spirit working through me, the entire Options family — our patients, staff, volunteers, donors and community partners will feel encouraged, accepted, loved and comforted. May every interaction and encounter bring glory to God.

—The Options PRC team can be reached at www.optionsprc.org/contact

Facebook "Family Page"



Did you know: Options PRC has a Facebook page specifically for our Family members? Would you like to stay on top of things that matter to the Family? Issues about Life? Ask to join this *secret page* and stay connected! All that's needed is the e-mail address connected to your Facebook account and we'll send you an invitation to join! Send your request to celia@optionsprc.org.

Electronic Newsletter Opt-In

Do you prefer to receive newsletters by e-mail? We can send your copy of the newsletter electronically. E-mail celia@optionsprc.org and let her know your preference. Help save the costs associated with mailing the newsletters by providing us with your e-mail address!

☒ Yes!

Send me the electronic newsletter.

BE A HERO Family Fun Day

Save the Date!

Mark your calendar for August 4 for the Options PRC Family Fun Day! All Super Heroes invited! We've reserved Philomath City Park for this day of fun for family members of all ages. *This event will replace the Walk Run Dash for Life in 2018.* Lunch will be provided! Watch for more details soon!



The Family Fun Day will replace the Walk Run Dash for Life. All Superheroes are invited!